



# BMHS DAILY ANNOUNCEMENTS

Friday December 1, 2023

# BREAKFAST CLUB

Friday December 1, 2023

**BMHS**

Banting's breakfast club is up and running again. All Banting students are welcome to come to the Room 165 before school, from 7:40- 8:00am to start their day with bagels and cream cheese, milk, yogurt, and fruit.

There is no cost to access this great program, please come down and start your day off right.

# Boys Hockey Team

Friday December 1, 2023



Boys Hockey Team - Short meeting in room 229 today at start lunch.  
Please bring permission forms if you have them.

# Vaping Awareness

Friday December 1, 2023

# BMHS

This week is vaping awareness and prevention week. Banting and The Simcoe Muskoka District Health Unit will be teaming up all week from Nov 27 to Dec 1 to address the growing concern of vaping in our schools. Public health nurses will be on site today at lunch to provide information, support and cessation options for students. Did you know that vapes of all kinds contain harmful chemicals? Vaping has long term effects on the lungs and heart and can cause lung damage and heart disease. It is not just harmless water vapour. Know the facts. Want more information? Check out [NotAnExperiment.ca](http://NotAnExperiment.ca).



# Alpine Ski Team

Friday December 1, 2023



Come join the Alpine Ski Team! Races are in January and February, dry land training happens at lunch on Tuesday and Thursdays. Come see Ms O'Reilly and Ms Greflund at 10:40 in room 117 Today for a quick meeting.

Week of Giving.

Friday December 1, 2023



Next week will be Banting's week of giving. As a school we will be collecting new unwrapped toys and non-perishable food items to support families in need.

Good Shepherd Food Bank specifically needs - Dried Pasta, Canned Beans, Canned Fruit, Baking Supplies, Oatmeal Cereal, Toilet Paper, Tea and Instant Coffee

In addition to second period collections, we will be collecting donations next week Wednesday, outside of Zehrs evening the 6th.. after school from 4pm to 8pm. Please inform your friends and families.